SIGMA © KAPPA We're Not Really Strangers

Let's get connected, for real! You may think you know someone, but maybe you can still learn more! Or maybe you are just getting to know someone and want to dig deeper – either way, after playing this game you'll have a whole new understanding of your sisters. This game can be played as described, or you can casually use these cards with anyone you want to get to know better. You can use a video chat such as FaceTime, Zoom, Skype, etc., or even a regular old phone call can work.

How to play virtually

Organize a virtual call with whomever you would like to play with. Ensure that everyone participating understands that the point of the game is to build deeper connections.

For two players

- Each "player" prints their own copy of the cards or one player holds up a question for each person to answer. If you are not on video, one person asks a question verbally.
- Alternate asking and answering the questions, following the order of the levels, until the deck is complete.

For more than two players

- Have one person be the card dealer. For each person's turn, hold up one card to the camera so everyone can see it and then have the person answer it. If you are not on video, have one person ask each question verbally.
- If the question requires someone else to answer about you, switch up who is giving the response about the other person.

Proceed through the levels in order

- Level 1 (Perception)
 - This level is about gaining perspective on what first impressions we give off and challenging the assumptions we make about others.
- Level 2 (Connection)
 - This level is about asking the rarely asked questions and connecting on a deeper level.
- Level 3 (Reflection)
 - Time to reflect on your game experience and what you have learned during the game.

Wildcards

- Spread the wildcards throughout the three levels.
- If a wildcard is drawn, the person who drew it must complete the instructions unless otherwise noted (card notes that all players should complete it).

Dig Deeper Cards

- These cards are meant to encourage transparency if you want the person talking to dig deeper and share more.
- Can be used once per level.

Final Card

• Use at the end of the game.

Check-In

• How's your heart today? Really?

LEVEL 1 PERCEPTION

How would the person

closest to you describe

you in three words?

What type of social

situation makes

you feel the most awkward?

What's the nicest thing

you can remember

Permission to brag.

doing for a friend?

What do you think

I have been binge

watching lately?

What do you think has been my go-to

snack during this time?

What time do you

think I have been

waking up these days?

Do you think I am

mainly cooking or

getting take out/

delivery nowadays?

Do I seem like more

of a creative or

analytical type? Explain.

How organized do you think my junk drawer is on a scale of 1-10 with 10 being the absolute most organized?

What do you think is my favorite

Sigma Kappa value?

Explain.

Which of Sigma Kappa's colors, lavender or maroon, matches my personality the best? Explain.

LEVEL 2 CONNECTION

from your childhood?

What is your

favorite memory

What is something

you are passionate

about?

someone from a friend to a best friend for you?

What takes

What have you let go of this year that's made a positive change in your life?

What question are you trying to

answer in your life

right now?

Has a quote ever

changed your world

view? Which one?

What are you most

excited for today?

Big or small.

best to fully accept in this current

What would feel

moment?

What can you create during this time with exactly what you have? Big or small.

What's the most

fun you've had

during this time?

valuable lesson this

What's the most

time has taught you so far?

hardest part of all this for you?

Permission to vent.

What's been the

What movie do you wish you'd never seen so you can watch it for the first time during quarantine?

What's been the kindest thing someone has done for you during this time?

What has been the kindest thing you have done for yourself in the last month?

When quarantine/ social-distancing is behind us, what change do you want to make in your daily life, if any?

If money was not an issue, what is one big dream or idea you would execute this year?

people you know? Permission to brag.

What are you

better at than most

What do you wish

you could spend

more time doing?

Why did you choose

to join Sigma

Kappa?

Why do you remain

a member of Sigma

Kappa?

When is the last time you reached out to a chapter sister you have not talked to in a while?

What is your favorite memory from your Sigma Kappa collegiate days?

Can you remember any of the songs/chants your chapter used to sing? Bonus if you can sing/chant a part of it right now.

LEVEL 3 REFLECTION

What is one part of

your personality you

do not use often?

What do you admire

most about me?

(Both/all players)

If you made a playlist

for me, what 3 songs

would be on it?

What do I need to

watch as soon as I

have the time?

What do I need to

read as soon as I

have the time?

soon as I have the time?

What podcast

should Histen to as

How can I best be

this season of life?

here for you during

still important to college life?

Why is "sorority"

How does Sigma Kappa continue to

impact your life?

What is one way you wish Sigma Kappa was a part of your life differently than it is now?

What did you learn

about yourself while

playing this game?

What is your biggest

takeaway from this

experience today?

(Both/all players)

WILDCARD

Think of movie that always makes you cry. On the count of three everyone say theirs out loud.

Draw/illustrate your current love life. 30 seconds to draw/illustrate then compare.

Do you need advice on anything in your life right now? Permission to vent. (Both/all players)

Write down the three most important qualities in a BFF. One minute. Compare. (both/all players)

Staring contest. First to smile must reveal what their kitchen looks like in this very moment.

song at the moment.

Share your most played

Who's been on your mind lately? Send them a text letting them know you're thinking of them. (Both/all players)

FINAL CARD

Each person writes a virtual message to the other right now but don't press send yet. Once you hang up, press send.